



Unsung Hero Award

A graphic for the Unsung Hero Award featuring a silhouette of a person standing in a field, set against a circular background with a sun-like glow, all within a red, torn-edge border.

Many people work tirelessly for their community and make enormous contributions on local issues. Communities in rural and remote areas are much the richer for their contribution, yet often we don't know who these people are. For this reason we call them Unsung Heroes - local people who work hard and expect little reward.

Who are they?

They are the quiet achievers - the volunteers or paid workers who constantly go above and beyond what is normally expected.

The purpose of the *friends* **Unsung Hero** award is to recognise one of these people - and in particular someone who has made a very special contribution to the health and wellbeing of a remote, Indigenous or rural community.

How to submit entries

Nominate your **Unsung Hero** by completing the entry form on the next page. The **Unsung Hero** does not have to be a member of *friends* of the Alliance but they must be nominated by a *friend* whose membership is current for 2009.

Selection Criteria

The nomination should address:

- why you consider this person to be a special **Unsung Hero**;
- what exceptional contribution they have made to their community; and
- evidence or assertion of the great value the community places on this person.

Judging

Judging will be undertaken by members of the *friends* Advisory Committee, who will assess entries against the selection criteria. They will then choose one *friends* Unsung Hero.

Award

A presentation will be made to the winner at the 10th Conference in Cairns, 17-20 May 2009.

Entries close

Entries close 5pm Friday 17 April 2009.



***friends* of the Alliance is a network of people and organisations working to improve health and wellbeing in rural and remote Australia by supporting the National Rural Health Alliance.**

The work of *friends* includes facilitating communication among people and organisations interested in health issues in rural and remote Australia. Membership of *friends* is open to individuals and organisations. Further details are available on the '*friends*' page of www.ruralhealth.org.au or by calling (02) 6285 4660.



Unsung Hero Award 2009 **Entry Form**

HOW TO ENTER

Email: friends@ruralhealth.org.au **or** **Post:** Manager, *friends of the Alliance*. PO Box 280, Deakin West ACT 2600

1. NOMINATOR'S DETAILS

Title: Mr Ms Mrs Miss Dr Other _____

Given Name: _____ Surname: _____

Postal Address: _____

_____ State: _____ Postcode: _____

Telephone: _____ Fax: _____

Email: _____

2. UNSUNG HERO'S DETAILS

Title: Mr Ms Mrs Miss Dr Other _____

Given Name: _____ Surname: _____

Postal Address: _____

_____ State: _____ Postcode: _____

Telephone: _____ Fax: _____

Email: _____

3. RESPONSE TO SELECTION CRITERIA

Please provide up to 250 words (only) addressing the selection criteria: