

Youth suicide

Diane Brokenshire, Straight Talk Publishing

Many young people today are struggling, and the youth suicide statistics in Australia and around the world are proof that many young people don't get the help they need when they need it the most. Why is that? Help is always available but the catch is: we have to ask for it. Young people who have good help-seeking skills are much more likely to say, "Can I talk to you about something?" This poster presentation will provide useful information and tips for adults to help young people develop good communication and self-help skills.

