



## 6th National Rural Health Conference Program

**Good Health ~ Good Country  
from conception to completion  
Canberra 4-7 March, 2001**

### **SUNDAY, 4 MARCH 2001**

Formal Statement of welcome to land and presentation of Welcome Stick

▶ **Formal welcome to the Conference**

*Nigel Stewart, NRHA Chairperson*

*Marg Brown, Chairperson of Health Consumers of Rural and Remote Australia*

▶ **Welcome to Canberra**

*Michael Moore MLA, ACT Minister for Health, Housing and Community Services*

▶ **Conference Opening Address**

*The Hon Kim Beazley MP, Leader of the Opposition*

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▶ **International social policy and non-metropolitan Australia (Keynote 1)**

*Julian Disney, Director, UNSW Social Justice Project*

▶ **Welcome from Telstra Country Wide**

*Doug Campbell, Group Managing Director*

▶ **Issues in Indigenous Health (Keynote 2)**

*Julie Tongs, CEO, Winnunga Nimmityjah Aboriginal Health Service*

▶ **Employment and population growth in rural and remote Australia (Keynote 3)**

*Brian Fisher, Executive Director, Australian Bureau of Agricultural and Resource Economics*

Meeting and BBQ for *friends* of the Alliance

## MONDAY 5 MARCH 2001

Opening video and welcome

Chairpersons: Jean Kittson and Steve Clark

▶ **Health in Regional Australia (Keynote 4)**

*The Hon John Anderson MP, Deputy Prime Minister and Minister for Transport and Regional Services*



- ▶ **Walking together: across disciplines, across cultures, across time (Keynote 5)**

*James Fitzpatrick, Medical student, Young Australian of the Year*

## Concurrent Session A

### A1 - Men's Health; Child Nutrition

- ▶ **Promoting rural men's health through diabetes education and screening**

*Samar Aoun, Lyn Johnson*

- ▶ **What are the determinants for presentation and therapy options for rural men with prostate cancer?**

*Karen Francis, Desley Hegney, Paul Bramston, Marie Warden*

- ▶ **An evaluation of a nutrition program in a remote community in central Australia**

*Ilan Warchivker, Angharad Hayter*

### A2 - Multi-disciplinary

- ▶ **Advanced nursing practice: experiences of clients and multi-discipline health workers in bush nursing centres in rural Victoria**

*Lesley Siegloff, Mollie Burley, Elaine Duffy*



▶ **Models of care for rural palliative care services**

*David Woods*

▶ **Purchasing allied health services**

*Gillian Durham, Nicole Edwards, Joan Loud*

## **A3 - Working with the local community**

▶ **Commonwealth-State relationships - the positive effect on multi-purpose development in WA**

*Jan Hall, Terry Medley*

▶ **Local health planning to meet the needs of communities**

*Marion Wilson*

▶ **Building on success in rural and remote communities: insights from the Grampians region of Victoria**

*Leann Brown*

## **A4 - Mental Health**

▶ **Anxiety and depression in young people: a collaborative rural and remote model**

*Warren Bartik*



- ▶ **The general practitioner's role in the early identification of psychiatric illness**

*Graham Fleming*

- ▶ **Mental health in rural Tasmania: a preliminary report from the field**

*Alistair Campbell*

## **A5 - Building community capacity**

- ▶ **Remote health services in the Kimberleys**

*Henry Councillor*

- ▶ **From the ground up - successful models of community capacity building to address recruitment and retention of GPs in rural SA**

*Jenny Fleming*

- ▶ **Binjang Marrang-Billa Project: a culturally effective drug treatment program in the Macquarie region**

*David Kelly, Royden Griffen*

## **A6 - Arts participation and health**

- ▶ **In response - the Australian arts and health industry**

*Sally Clifford*



▶ **New dimensions in water conversation, the health of water in handmade books**

*Annie Bolitho*

Singing for health and community

Fay White

A7 - Health consumers' networking meeting

## Morning Tea

▶ **Aboriginal health: achievements through partnership (Keynote 6)**

*Puggy Hunter, Chairperson, National Aboriginal Community Controlled Health Organisation*

## Concurrent Session B

### B1 - "Inside the doctor"

▶ **The social construction of place and identity as obstacles to male students from rural and remote areas choosing health careers**

*Angela Durey*

▶ **What symbolises rural and remote general practice: the practitioner's perspective**

*Richard Lawrance*



- ▶ **The medical student's intention to practise in rural Australia: a questionnaire**  
*George Somers*

## **B2 - Primary health care and nursing**

- ▶ **Climbing Sage Hill - the continuing story**  
*Brenda Harrison, Beth Carty*
- ▶ **Good health for a good country: primary health care in focus**  
*Barbara Newman, Margaret Croke*
- ▶ **Health and the ACOSS Agenda**  
*Michael Raper*

## **B3 - Rural health students**

- ▶ **Supporting the learning team**  
*Louise Lawler*
- ▶ **Purpose of bush prac? A conflict of interests: industry and university**  
*Janie Mason*



- ▶ **The implications of an affirmative action student selection process for the rural medical workforce**

*Jo Adendorff, David Sutherland*

## **B4 - Child and adolescent health**

- ▶ **A co-ordinated approach to improving adolescent health in rural South Australia**

*Meredith Appleyard*

- ▶ **Promoting physical activity to children and young people in rural Western Australia**

*Nicole Edwards*

- ▶ **Nullicup, Nullicup**

*Michelle Gahler, Jodi Smith*

## **B5 - Indigenous health workers**

- ▶ **Improving access to cardiac rehabilitation for remote Indigenous clients**

*Elizabeth Chalmers*

- ▶ **Binan Goonj - bridging cultures in Aboriginal health**

*Mary Martin*



▶ **Good news stories - Aboriginal sexual health workers in rural and remote WA**

*Juli Coffin*

**B6 - CHAMPS from SA**

Arts on the brain: rural young people using the arts to address issues of drug and alcohol use and how it affects their mental health and well-being

Dana Shen, Cindy Turner and CHAMPS

**B7 - Scholarships Workshop**

▶ **convened by NRHA**

*Alison Miles and Toni Alexandrow*

## Lunch

Opening of Conference Exhibition (Keynote 7)

▶ **General Practice Partnership Advisory Council (GPPAC) and Board of General Practice Education and Training**

*Dr Jill Maxwell, Chairperson, GPPAC*



▶ **It's Different in the Bush: a comparison of general practice activity in metropolitan and rural areas of Australia, 1998**

*Australian Institute of Health and Welfare/University of Sydney Launch*

*Dr Richard Madden, Director, AIHW;*

*Associate Professor Helena Britt, Director, AIHW General Practice Statistics and Classification Unit, University of Sydney;*

*Professor Ian Wronski, President, Australian College of Rural and Remote Medicine*

▶ **Panel session**

*Chairs: Jean Kittson and Steve Clark*

*Members of Panel: Jane Bennett, Dr Jack Best, Dr Paul Hemming, Puggy Hunter, Megan McNicholl, Michael Raper, Sabina Knight*

## Afternoon Tea

## Concurrent Session C

### C1 - Remote health ("I'd give my eyeteeth to work in a remote area")

▶ **Anangu oral health - the status of the Indigenous population of the Anangu Pitjantjatjara lands**

*Colin Endean*



- ▶ **The remote classroom: recruitment and orientation of Aboriginal and remote area nursing students to the university distance education learning environment**

*Margaret Hamilton*

- ▶ **Follow-up of cataract surgery in remote people from the Top End of the Northern Territory**

*Alex Hewitt, Nitin Verma, Russell Gruen, Judi Walker*

## **C2 - Evidence**

- ▶ **Evidence-based practice and rural GPs**

*Judy Taylor, Joanne Dollard*

- ▶ **Maximising the benefits of clinical trials involving an Aboriginal community**

*Bev Hayhurst*

- ▶ **Graphical displays of clinical data to improve the understanding and compliance of patients**

*Martin Knapp*



## C3 - Aged care - without aGISm

- ▶ **A national study of rural and remote health in Australia**

*Shirley Preston*

- ▶ **Meeting the aged care needs of rural and remote areas**

*Marcus James*

- ▶ **Identifying gaps in health service provision: Geographical Information System (GIS) approaches**

*Errol Bamford*

## C4 - Focus on the RFDS

- ▶ **Improving access and equity in rural and remote Australia - provision of women's health medical services by female GPs in remote and rural areas**

*Priscilla (Vall) Whittle, Libby Williams*

- ▶ **Psychological first aid training for health professionals: the development of an interactive educational CD-ROM**

*Robert Williams*



- ▶ **The changing face of the RFDS in Queensland: seven years on from "The Best for the Bush"**

*Brenda Masutti, Robert Williams*

## **C5 - Mental health**

- ▶ **Capacity building in rural mental health in Western Australia**

*Samar Aoun*

- ▶ **Regional mental health planning: juggling the rational and contingent agenda**

*Jeff Fuller*

- ▶ **A model for improved health of rural and Indigenous Australians through education, support and training for psychologists**

*Maureen Dollard*

## **C6 - Indigenous arts in health**

- ▶ **Moving Stories - therapeutic theatre for counselling**

*Marie Cox*



▶ **Looking, listening and learning from young people through photographs: a photovoice project with young Aboriginal people in Carnarvon, WA**

*Ann Larson, Elsie Mitchell*

Exploring our internal landscape  
June Staunton

## **C7 - Singing for health**

A singing workshop with Fay White

## **Smorgasboard**

### **Night at the Theatre**

Alan Hopgood - scenes from "For Better, For Worse"  
International music and dance  
Vital Statistix - "Titbits!"

## **TUESDAY, 6 MARCH 2001**

Breakfast Specials:  
Australian National Gallery  
Australian War Memorial



▶ **Volunteers in our Communities - International Year of Volunteers 2001  
Breakfast Seminar at the National Convention Centre**

*Senator Amanda Vanstone, Minister for Family and Community Services*

The proposed volunteers award of the NHMRC  
Kerry Arabena

Opening video and welcome

Chairpersons: Jean Kittson and Steve Clark

▶ **Introduction of NRHA Council**

*Nigel Stewart*

▶ **International video hook-up**

*Chair: Steve Clark*

*Special guest (in Canada): Dr Raymond Pong, Research Director, Centre for Rural and Northern Health  
Research, Laurentian University, Sudbury, Ontario*

▶ **Rural health is on the agenda (Keynote 8)**

*The Hon Dr Michael Wooldridge MP, Minister for Health and Aged Care*



▶ **Beyond Blue: the National Depression Initiative**

*Ian Hickie, Professor of Community Psychiatry, University of New South Wales, and CEO of "Beyond Blue", the National Depression Initiative*

▶ **Recipients of Des Murray Scholarship, 2001 (Keynote 10)**

*Introduced by Nigel Stewart, Chairperson of the NRHA  
Presented by Mary Murray*

▶ **Recipient of Des Murray Scholarship, 2001**

*Ms Hayley Gilbert*

▶ **Recipient of Des Murray Scholarship, 2001**

*Mr Ian Harvey*

▶ **Recipients of Infront Outback Rural Health Research Award**

*Summarised by Ms Lesley Fitzpatrick, Director, The Cunningham Centre*

▶ **Recipient of the Louis Ariotti Award for Excellence**

*Gordon Gregory*

▶ **Recipient of the Louis Ariotti Award for Excellence**

*Sabina Knight*



## Morning Tea

▶ **Key issue for rural health (Keynote 13)**

*Jenny Macklin MP, Shadow Minister for Health*

## Concurrent Session D

### D1 - Symposium: Women's Health Australia

▶ **Women's Health Australia: introduction**

*Christina Lee*

▶ **Access to health services in urban and rural Australia: a level playing field?**

*Anne Young*

▶ **Young rural women: life choices, aspirations and well-being**

*Penny Warner-Smith*

▶ **A sense of belonging: how do you measure it and does it matter?**

*Anne Young*



## D2 - Asthma, public health and evidence

- ▶ **Shared-care approach to asthma management**

*Robyn Gunter*

- ▶ **Rural public health capacity**

*Gillian Durham*

- ▶ **Implementing evidence-based health care: a new model for rural areas**

*John McDonald*

## D3 - Teeth and transport

- ▶ **Dearth in the desert - looking for a dentist in remote Australia**

*Colin Endean*

- ▶ **Teeth for Keeps**

*Marion James*

- ▶ **Transport to access health services in rural and remote NSW: a community perspective**

*Ros Bragg, Liz Reedy*



## D4 - Information technology, WWW and education

- ▶ **Rural health and information technology: a critical discourse analysis perspective**  
*Judi Walker, Quynh Lê*
- ▶ **Teaching the Master of Rural Health on-line: reflections on the experience**  
*Steve Kirkbright*
- ▶ **Right, I've turned the computer on - what next?**  
*Sue Whetton, Judi Walker*

## D5 - Flexible models and community capacity

- ▶ **Working together to improve maternity services: recent experiences of an Aboriginal health worker (Midwifery Program) based at Walgett Aboriginal Medical Service**  
*Annette Kennedy, Nicky Leap*
- ▶ **Building community capacity and capability within the Avon Health Service**  
*Grace Ley, Shane Matthews, David Singe*



- ▶ **Flexible funding as an underpinning to community resiliency: early reflections on the introduction of local area co-ordination in Queensland**

*Daniela Stehlik, Lesley Chenoweth*

## **D6 - Playin' up for Indigenous health**

Playin' up - young Aboriginal people play up in the far west of NSW

Louise Moriarty and young people from the Maari Ma Health Aboriginal Corporation

- ▶ **Use of the arts in health promotion for Aboriginal women**

*Barbara Davis*

## **D7 - Arts-in-health**

Get-together with Alan Hopgood

## **Lunch**

Siesta and Singing

Fay White and the New Group

- ▶ **The voice of the rural health consumer (Keynote 14)**

*Marie Lally, National President, Country Women's Association of Australia*



Rural Health Debate - "Young health professionals should selflessly serve the bush - like we did"

For the motion: Fiona O'Loughlin (Team Captain), Nigel Jefford and Janine Watts

Against the motion: Martin Pearson (Team Captain), Kerry Arabena and Ralph McLean

Adjudicator: Jean Kittson

The Vote

## Afternoon Tea

## Concurrent Session E

### E1 - Small hospitals - or none?

▶ **Review of rural health service models**

*Bernadette Hodgins*

▶ **Developing a strategic research program for addressing cardiovascular disease and related disorders in Aboriginal and Torres Strait Islander Peoples and rural and remote settings**

*Pat Field*

▶ **A regional approach for implementing critical pathways in smaller hospitals in rural areas**

*Jenni Ham*



## E2 - Sitting and thinking

- ▶ **Can Rural Communities Cope with the Burden of Mental Illness**

*Des Graham*

- ▶ **A 'man-made' environment? A century of health in tropical Australia. Historical perspectives as frameworks for future strategies**

*Daniela Stehlik*

- ▶ **Continuing professional development for rural and remote health care practitioners**

*Helen Geissinger*

## E3 - Hearing, seeing, breathing

- ▶ **Aboriginal, rural and remote audiological services: where do we start? Best practice guidelines**

*Jeanette Scott*

- ▶ **Our health, our future, our responsibility**

*Karen Evans*



- ▶ **Practical strategies to improve asthma management and health outcomes in rural Australia**

*John Fardy*

## **E4 - Collaboration and research**

- ▶ **Understanding and engaging rural males for healthier outcomes**

*Bernard Denner*

- ▶ **Promoting good food for bush people**

*Patricia Rankine*

- ▶ **Moving over boundaries: the MOB partnership**

*Peter Drake, Anne Greenaway, Julie Tongs, Ian King*

## **E5 - Networks for health**

- ▶ **Evaluation of the South East Telehealth Trial**

*Rae Gibson*

- ▶ **Networking North Queensland: an e-health revolution in the bush**

*Julie Watson, Lee Gasser*



▶ **The World Wide Web - an information tool**

*Anske Robinson*

**E6 - Images of remote areas**

It's the pits - images of the Pitjantjatjara lands

Stewart Roper

Before other help arrives - fairy penguins, theatre and trauma

Judi Walker, Lorraine Green

▶ **Creating an oasis from a resource desert: a right-brained approach to teaching about health issues**

*Julia Gill*

**E7 - Workshop**

▶ **Management of episodes of violence in remote areas**

*Kerry Arabena*

Exhibition Happy Hour



## Dinner - Dance

**WEDNESDAY, 7 MARCH 2001**

Breakfast Specials:

By the Hot Air Balloons

Students' Recovery at Yarralumla Bay

▶ **Early childhood services: an Australian context**  
**Breakfast Special at the National Convention Centre**

*Chair: Dr Nigel Stewart, Regional Paediatrician, Port Augusta*

*Special guest: Professor Frank Oberklaid, Director, Community Child Health, Royal Children's Hospital*

Opening video and welcome

Chairpersons: Jean Kittson and Steve Clark

▶ **Mental health - including for young Australians (Keynote 15)**

*Senator Meg Lees, Leader, Australian Democrats*

## Concurrent Session F

### F1 - Women's health; female practitioners

▶ **National Female Rural General Practitioners Project**

*Helen Tolhurst, Noela Lippert*



▶ **Goonimoo women's projects**

*Christine Thorne*

▶ **Not waving but drowning**

*Janine Watts*

▶ **Rural doctors and retention**

*Naarilla Hirsch,Carolynn Fredericks*

## **F2 - Another focus on Indigenous health**

▶ **Workforce initiatives in Aboriginal health**

*Glenys Watts, Mary Buckskin*

▶ **Food, fun and fitness for Noongars**

*Jo Webb, Michelle Gahler*

▶ **Good tucker for Aboriginal old people in Alice Springs**

*Heather Campbell*

▶ **The spatio-temporal distribution of notifiable diseases in Australia**

*Brett Bryan*



## F3 - Experiences of change

- ▶ **Outback and in again - a new graduate's experience of rural and remote nursing**  
*Tegan Chandler*
- ▶ **Victorian rural women practitioner survey**  
*Jo Wainer*
- ▶ **Rural POPPIES: extracting the best - interdisciplinary education and support for rural and remote preceptors**  
*Lisa Dalton, Judi Walker*
- ▶ **Rural hospitals and metropolitan universities: forging new partnerships**  
*Marilyn Prieditis*

## F4 - Child and family health

- ▶ **Antenatal care and perinatal health: how to do it better in an urban Indigenous community**  
*Rachel Atkinson*



- ▶ **Disability in schools: supporting teachers and children with health care plans and credentialed workers**

*Nigel Stewart*

- ▶ **Achieving baby-friendly accreditation in a rural setting**

*Debbie Sachse*

- ▶ **"Tell Me About It": a community-based project to reduce the rate of teen pregnancy in Wagga Wagga**

*Jacinta Makin, Susan Butler*

## **F5 - New and flexible models**

- ▶ **Rural health matters - spreading the capacity (the St Mary's Lymphoedema Clinic)**

*Shelagh Lowe*

- ▶ **The Rural and Remote Area Placement Program: lessons learned in regional training delivery**

*Paul Worley, Anna Nichols*



- ▶ **Tele-education: a collaborative project in the delivery of mental health education in rural Victoria**

*Anne Fahey, Harry Gelber*

- ▶ **Pit stop: gentlemen - check your engines**

*Elsa Alston*

## **F6 - Young people's arts in health**

- ▶ **Labelled a Freak - eating disorder prevention through body image workshops for young women**

*Nikki Fallon, Zoe Scrogings*

- ▶ **The big RORRT! Young people using the web to promote positive mental health in rural areas**

*Carolyn Sullivan, Meg Morrison, Kylie Lee*

Aboriginal Resource and Development Services Inc, Darwin  
Richard Trudgen

- ▶ **Tapping into art to relieve depression**

*Garry Fry*



## F7 - Workshop

### ▶ "Alternative pathways to GP Fellowship" - Seminar

*ACRRM, the National Consortium for Education in primary Medical care and other interested bodies*

## Morning Tea

### ▶ Rural and remote environments and health (Keynote 16)

*Rick Farley, Farley Consulting Group*

1st recommendation session

The recommendations must benefit consumers and improve health outcomes

## Networking Lunch

Siesta and Slideshow - Images of remote Australia

Stewart Roper

### ▶ Health, rights and discrimination. Some of the success stories for Aboriginal Peoples and Torres Strait Islanders (Keynote 17)

*Linda Burney, Director General, NSW Department of Aboriginal Affairs*

2nd recommendation session

The recommendations must be practical, cost-effective, and owned



## Afternoon Tea

### Concurrent Session G

#### G1 - Preparing for practice

- ▶ **Simulation training for rural health practitioners: a transformative approach**

*John McDonald*

- ▶ **Recent graduate preparedness for rural employment**

*Joan Loud*

#### G2 - Telehealth showcase

Link by videoconference to a clinical site for demonstration of some of the latest developments in telehealth.

Chair: Mark Brommeyer

#### G3 - Diabetes and diet

- ▶ **Community control - the key to tackling diabetes in Aboriginal communities**

*Colleen Prideaux, Dulcie Flower*

- ▶ **The Laramba family wellness model: integration, sustainability and transferability**

*Pat Field*



## G4 - Roe and Simmons

▶ **From little things**

*Yvette Roe*

▶ **The Victorian Rural Physicians Survey**

*David Simmons*

## G5 - Healthy lifestyles

▶ **The Healthy Lifestyle Program: implications for preventative intervention in the rural setting**

*Gavin Booth*

▶ **Consumers and volunteers as collaborators: lessons from rural palliative care research**

*Chris Moorhouse*

## G6 - The arts as a resource for health promotion

▶ **Arts for health's sake**

*Susan Ball*



# National Rural Health Alliance

## 6th National Rural Health Conference Program

- ▶ **Arts for Health: arts therapy program at the National Gallery of Australia**  
*Philippa Winn*

### **G7 - Conference recommendations clinic**

Communiqué and Recommendations

WONCA 2002

presentation by Roger Strasser

### **Closing Session**

We've come a long way since we first shook hands - but we've still got a long way to go  
Nigel Stewart and Jean Kittson

Presentation re Hobart 2003

### **Farewell Drinks**

Farewell

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