

emphasis on the potential impact of lifestyle modifications.

* Initiate short and long term follow-up on appropriate drug treatment therapy for patients with hypertension.

* Implement reassessment and revision of treatment should initial drug treatment fail.

Speakers

- (Chair) Professor Andrew Tonkin, Chief Medical Officer, National Heart Foundation of Australia (NHFA).
- Associate Professor Karen Duggan, Director, Hypertension Service, South West Sydney Areas Health Service & Chair, NHFA National Blood Pressure and Vascular Disease Advisory Committee [NBPVAC].
- Dr Mark Nelson, Senior Research Fellow, Department General Practice, Monash University, VIC & GP committee member NBPVAC.
- Professor Ian Puddey, Head of School, School of Medicine and Pharmacology, University of WA & Committee member NBPVAC.
- Dr Chris Mitchell, General Practitioner, Lennox Head NSW & Chair Rural Faculty RACGP.

Broadcast details

Wednesday 17th November 2004 at: - 8pm NSW/VIC/ACT/TAS time; 7pm QLD; 7.30pm SA; 6.30pm NT; 5pm in WA (repeated at 8pm in WA that night). Also repeated on Friday 19th November 2004 at 1.30pm NSW/VIC/ACT/TAS; 12.30pm QLD; 1.00pm SA; 12noon NT; 10.30am WA). This program will also be available on video, CD-Rom and via web-streaming after the broadcast.

For further information on how to view this program, go to <http://www.rhef.com.au/programs/416/416.html> or contact the RHEF on tel (02) 6232-5480 or via email rhef@rhef.com.au

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The Australian Journal of Rural Health invites you to contribute to the ongoing development of rural health in Australia, and submit your manuscripts for publication. Full author instructions and guidelines can be found at www.blackwellpublishing.com/ajr, or email ajrh@newcastle.edu.au for further information. The August 2004 issue of the journal is available online now at <http://www.blackwell-synergy.com/links/toc/ajr>

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From: Don Perlgut
Subject: Rural Health Education Foundation "Dementia" Series Still Available Free on Video

The complete series of five Rural Health Education Foundation programs on dementia is still available free of charge on video for Australian health professionals, with support provided by the Australian Government Department of Health and Ageing. This free video offer will absolutely expire on 31st December 2004, or sooner if copies of the programs are exhausted before then, so please contact us as soon as possible if you are interested and do not yet have a set. The five dementia programs are:

- Dementia: What's It All About
- Dementia: The Importance of Early Diagnosis and the Role of GPs
- The Dementia Continuum: How to Manage It
- Dementia: What Difference Does Person Centred Care Make?
- Dementia and the Aged Care Worker

To order your free VHS video copies of the dementia programs (one copy per person or organisation only within Australia), please email us at rhef@rhef.com.au or fax us on (02) 6232-5484 providing your name, organisation, postal address, contact telephone number and email address. For further information on the free video offer, go to <http://www.rhef.com.au/news/040413/040413.html> or visit our website home page <http://www.rhef.com.au/>

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LIFELINE'S JUST ASK - 1 300 13 11 14

Your Rural Mental Health Information Service
Lifeline's Just ask is a rural mental health information service. Information provided includes: referral to services and web sites, printed material and a range of self help resources. The self-help resources focus on practical steps to help promote mental health in a range of areas. For information and copies of resources call or visit <http://www.justask.org.au>

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From: Jason Wasiak
Subject: Workshop on Mentoring in the Workplace Environment

On behalf of the College of Presidents of Medical Colleges, we are running FREE workshops to all medical specialists, regardless of specialty and location. We have number of events planned over the next twelve months, but one of first workshops is in Bathurst, New South Wales. We are running a workshop on "Mentoring in the Workplace Environment". Information is available at http://www.leapframework.edu.au/rural_mentoring.shtml

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'DEADLY': INDIGENOUS HEALTH TODAY

Indigenous Australians now experience the second worst quality of life on earth, second only to China, according to a United Nations index that measures human development. The latest feature reports that Indigenous health status in Australia lags far behind that of non-Indigenous Australians. A full article is available at http://www.anf.org.au/pdf_anj/anj_feature_0411.pdf and a statement by the Australian Nursing Federation is at http://www.anf.org.au/news_media/Media_2004/news_press_041029.html

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BUSH CRISIS LINE - 1800 805 391

Bush Crisis Line is a twenty-four hour confidential telephone support and debriefing service for multi-disciplinary remote and rural health practitioners and their families. It is staffed by qualified psychologists with remote and cross-cultural experience, is toll free and available

from anywhere in Australia. For more information <http://www.bushcrisisline.org.au>

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RURAL HEALTH ON THE WEB
(Acknowledgement to Google Alert, <http://www.googlealert.com>)

Rural Wisconsin Health Cooperative Website.
Health Cooperative intends to be a catalyst for regional collaboration, an aggressive and creative force on behalf of rural communities and rural health. <http://www.rwhc.com/>

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Interested in becoming a "friend" of the Alliance? Become more involved with the work of the Alliance by becoming a "friend". "friends" support the Alliance by being an integral part of the Alliance's policy and evaluation process. They also receive other benefits. For more information on membership see <http://www.ruralhealth.org.au>

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ARTICLES IN "RURAL AND REMOTE HEALTH"

'Undergraduate pre-registration nursing education in Australia: a longitudinal examination of enrolment and completion numbers with a focus on students from rural and remote campus locations'
Rural health workforce planning requires accurate data. This Australian study has attempted to provide just that in relation to undergraduate nursing students in rural and remote campuses. It seems so simple that you wonder why it wasn't done before!
<http://rrh.deakin.edu.au/articles/showarticlenew.asp?ArticleID=313>

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2nd ASIA PACIFIC NURSING CONGRESS

10-12 November 2004, Sydney
The Asia Pacific Nursing Congress brings together representatives from the key nursing organisations including the providers of nursing education in the region to share insights on nursing workforce, nurse education, professional and industrial issues faced by a range of countries in the regions. For further information about the Congress visit <http://www.anf.org.au/apnc/index.html>

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AIHW PUBLICATION

Carers in Australia: assisting frail older people and people with a disability
Aged Care Series No. 8
This report's genesis was an AIHW analysis of the likely future impact of certain social trends including, but not limited to, a reduced willingness of women to substitute unpaid caring work for paid employment. Building on this earlier work, the present report uses the results of the 1998 Australian Bureau of Statistics (ABS) Survey of Disability, Ageing and Carers to present a picture of informal care in Contemporary Australia - who are the primary carers, who do they assist, and what does caring involve? It explores the impact of caring work and patterns of informal service use with informal care. The AIHW media release is at <http://www.aihw.gov.au/media/2004/mr041028.html> and the report is available at <http://www.aihw.gov.au/publications/index.cfm/title/10064>

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PARTYline Issue No.19 - OUT NOW. PARTYline is the official newsletter of the National Rural Health Alliance. Keep up to date with rural health policy information and good news stories on living and working in the rural health community. Available online on <http://www.ruralhealth.org.au> or receive a hard copy by emailing michele@ruralhealth.org.au

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From: Sophia Ljaskevici
Subject: Australian Chronic Disease Prevention Alliance

The Australian Chronic Disease Prevention Alliance (ACDPA), a group of leading non-government organisations addressing the chronic diseases of heart, stroke and vascular disease, diabetes, kidney disease and cancer, have worked collaboratively with key economists around Australia to document the economic case for prevention, with a particular focus on nutrition and physical activity.

The ACDPA has now published a small series, Chronic Illness: Australia's Health Challenge, which describes the challenge in both health and economic terms and flags the need to measure the economic impact of chronic illness. To download the ACDPA series Chronic Illness: Australia's Health Challenge now please click on <http://www.heartfoundation.com.au/acdpa>

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