

- * the holistic management of osteoporosis and its co-morbidities and the need for engagement of the multi-disciplinary team
- * the range of medication options available as treatment for the condition
- * that bone fractures can be a sign of osteoporosis

Speakers

- Chair: Dr Norman Swan, Presenter of the Health Report on ABC Radio National
- Dr Rory Clifton Bligh, Endocrinologist, Royal North Shore Hospital, Sydney
- Associate Professor Shona Bass, Exercise Scientist, Deakin University, Victoria
- Mr Andrew Wishart, Consumer, Osteoporosis Australia
- Dr Nicola Foster, General Practitioner, Lennox Head NSW

Broadcast details:

- Wednesday 20th October 2004 at:
- 8pm Sydney/Melbourne/Brisbane/Canberra time
- 9pm in Tasmania
- 7.30pm in Adelaide/Darwin
- 6pm in Perth, repeated at 8pm in WA

Also repeated on Friday 22nd October 2004 at 12.30pm Sydney time (12noon SA/NT, 10.30am WA)

For further information on how to view this program, go to <http://www.rhef.com.au/programs/413/413.html> or contact the RHEF on tel (02) 6232-5480 or via email rhef@rhef.com.au

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LIFELINE'S JUST ASK - 1 300 13 11 14

Your Rural Mental Health Information Service

Lifeline's Just ask is a rural mental health information service. Information provided includes: referral to services and web sites, printed material and a range of self help resources. The self-help resources focus on practical steps to help promote mental health in a range of areas. For information and copies of resources call or visit <http://www.justask.org.au>

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EXTRACT FROM ABC HEALTH UPDATES

(Subscribe at <http://www.abc.net.au/health/maillinglist.htm>)

CHRONIC DISEASES RISING AMONG INDIGENOUS AUSTRALIANS (PM: 29/09/2004)

<http://www.abc.net.au/pm/content/2004/s1209910.htm>

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BUSH CRISIS LINE - 1800 805 391

Bush Crisis Line is a twenty-four hour confidential telephone support and debriefing service for multi-disciplinary remote and rural health practitioners and their families. It is staffed by qualified psychologists with remote and cross-cultural experience, is toll free and available from anywhere in Australia. For more information <http://www.bushcrisisline.org.au>

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RURAL HEALTH ON THE WEB

(Acknowledgement to Google Alert, <http://www.googlealert.com>)

Office of Rural Health

South Dakota Department of Health Office of Rural Health
<http://www.ruralhealth.sd.gov/>

Muskie School of Public Service

Maine Rural Health Research Center. ... The Center's core funding from the federal Office of Rural Health Policy is targeted to behavioral health.
<http://www.muskie.usm.maine.edu/research/ruralheal/>

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Interested in becoming a "friend" of the Alliance? Become more involved with the work of the Alliance by becoming a "friend". "friends" support the Alliance by being an integral part of the Alliance's policy and evaluation process. They also receive other benefits. For more information on membership see <http://www.ruralhealth.org.au>

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PARTYline Issue No.19 - OUT NOW. PARTYline is the official newsletter of the National Rural Health Alliance. Keep up to date with rural health policy information and good news stories on living and working in the rural health community. Available online on <http://www.ruralhealth.org.au> or receive a hard copy by emailing michele@ruralhealth.org.au

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NATIONAL RURAL WOMEN'S COALITION'S HEALTH FORUM

The National Rural Women's Coalition is hosting a national forum in Melbourne on 18 -19 October 2004, which will address issues affecting the physical, mental and social health and wellbeing of rural women. The Coalition will bring together rural women, community representatives, government and non-government stakeholders from all over Australia to discuss this issue. Further information is at <http://www.ruralwomen.org.au>

Let's all sing from the same song-sheet.